

FRUST



MEDIA KIT

FRUST IS AN AUSTRIAN EXPERIMENTAL-METAL ONE-MAN BAND, FOUNDED IN EARLY 2018 BY MARIO STEINER. WHILE THE FIRST EP "ELEMENTS" WAS HEAVY INFLUENCED BY BLACK METAL, THE FIRST FULL-LENGTH ALBUM "RECURRING DREAMS" EXPERIMENTED WITH HORROR-METAL ELEMENTS, DOOM AND DREAMY INSTRUMENTALS. ON THE SECOND ALBUM "THE ADVENT OF ADHARA" FRUST KEPT ITS DIVERSITY, WHILE "FULL MOON" COMBINES THE ADVENTURES FROM ALL PAST WORKS.

ABOUT FRUST





elements - recurring dreams - the advent of adhara -
NEW MOON



DISCOGRAPHY



WWW.FRUST.ROCKS

YOUTUBE.COM/@FRUSTMETAL

FRUST-AT.BANDCAMP.COM/

INSTAGRAM.COM/FRUST.ROCKS

MAIL: CONTACT@FRUST.ROCKS

PLEASE GET IN TOUCH AND I WILL GET BACK TO
YOU IN 1-2 DAYS.

SOME MEDIAS I WAS ON



PRINT ISSUE: 05/2018 (REVIEW)
PRINT ISSUE: 04/2019 (REVIEW)



ONLINE REVIEW: 10.MAY 2020
ONLINE REVIEW: 21.NOV.2019



ONLINE REVIEW: 10.JUNE 2020



TRACK "HOFFNUNG" ON CD ISSUE 90 (2019)

AND LOTS MORE INTERVIEWS, REVIEWS, ETC.